

9/26/11 Simba here, the doctor's "Go To" dog. For many reasons I view the fall as a time of change. Change that can be situational or simply from one's perspective. How we look and how we feel. What we want and what we need. This month at our practice we are all about change. Want to look less tired, less stressed or just want to spruce up before the holiday? All the magic starts here. At Southwest Skin and Cancer Institute we are pulling out all the stops for you on how you look and feel. We have a special day of beauty on October 12th that will bring in the crowds. This day of beauty is the one to come to as we kick off the holidays. Bow Wow we are on a roll.

At Body Oasis Dr Fleck has reduced the prices for hair removal, so my girlfriend Fiffi will be getting her touch up soon and you can too! Laser hair removal in the fall and winter is the best time to be hair free for the summer swimsuit season. With the price reduction on hair removal I won't have to go as the werewolf for Halloween this year. Until next time I'm Simba, good-bye, and see you in the practice soon.

8/9/11 Hi it's Simba the doc's dog here to let you know what's going on at the practice. August is here and we are enjoying the wonderful weather in the northern country in Prescott, Arizona. We have had a good year so far making the faces in Prescott prettier one face at a time with our Active FX CO2 laser. It has been a stellar year with the staff at Body Oasis getting the word out to the people about laser resurfacing and it's benefits.

I have been barking up a storm to all my people friends about the new Light Sheer Duet permanent hair reduction laser. WOFF WOFF I haven't seen so many pretty legs on my walks as I have this year.

We will also be having a back to school day of beauty August 17 for all you tired Moms out there. Time to freshen yourselves up with discounts on Botox, Dysport and fillers. That day we will be having deep discounts on laser hair removal, spider vein removal and spa services. Call Body Oasis 778-0414 to make your appointment so you will be sure to get in on all the discounts of your favorite beauty services before the holidays.

Just a reminder to all you two legged humans. Time for your yearly dermatology exam. Call our office at 778-0808 for your piece of mind. Melanoma is very detectable and a skin exam can save your life. Till next month it's Simba, Dr. Fleck's trusted puppy saying "Happy Trails!".

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7/1/11 The 4th of July is here and all the buzz around our office is Freedom. Hi, it's Simba the all American doc's dog here to tell you how freedom rings at our medi-spa and vein clinic. When we talk to our patients we are telling them it is time to be free from wrinkles, spots, red faces, droopy skin, and varicose veins. You may want to ask just how free am I going to be? Well I usually howl at the moon to feel free but my owner Dr. Fleck has an easier plan for you humans. Stop by our one stop house of beauty, Body Oasis Laser Aesthetics, Southwest Skin and Cancer Institute and Vein Specialties. You no longer have to "live" with the sun damage or varicose veins on your legs. You can get it all done here. My friend Fido has made his appointment why don't you? Bark, bark you will look beautiful. Let freedom ring and let it start at Body Oasis Laser Aesthetics. It's Simba, time to put my flag scarf on for the celebrations.

5/11/11 It has been a windy spring here in the high country and we are all looking forward to some great summer weather. It's Simba the doc's dog here to tell you about all the great work my Dr. Robin is doing in Prescott, Arizona.

We are here to make the world a bit more beautiful one human at a time. Her Body Oasis medi-spa has had a stellar first quarter with Active FX resurfacing. Our motto is "give us five days we will give you ten years;" So many happy men and women have changed how they feel about themselves with this great laser treatment.

Ruff, ruff, talk about getting the word out on the new Botox alternative "Dysport" which has really taken off in our practice. Not only is the price right at \$3.50 a unit, it starts to work within two days. My friend Fifi the charpai has booked her appointment already, how about you? On my way to plan my summer trip to the lake, just a reminder, don't forget your fresh vitamin C and E cream for that full spectrum coverage. Until next time it's Simba the wonder dog saying happy spring.

4/1/11 This is the time of the year in the high country when we don't know what to expect rain or snow. One thing we do know is everyone is looking forward to the summer. This is Simba the doctor's trusty dog. About this time of year all my doggie friends and their masters look forward to a good grooming. My friend Fifi and I always meet for a nice hot bath and a fur trim. I know most of you are thinking the same way.

Summer means shorts and swimsuits. Lucky for you my master has all the answers for you two legged species. At Body Oasis we have laser hair removal for your legs, arms and bikini line, it's just what the doctor ordered.

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Are you embarrassed to show off your legs because of varicose veins? We have the solution to your problems. At Vein Specialties Dr Fleck specializes in laser vein removal. BOW WOW one stop shopping. Call the good people at Body Oasis 928-778-0414 and see how good you can look by summer. It's Simba the trusted dog until next time.

3/1/11 Although there is still snow in Prescott, Arizona, "Spring" is in the air. Hello, it's Simba the doc's dog here to tell you about all the excitement we have going on in the practice. Our sweetheart day was a huge success and we want to thank all who came out to play!! I enjoyed all the smiling faces of the clients who came in for Dysport and Juvederm and I must say Bow Wow, they looked ten years younger thanks to the Dr's skilled hands.

Over at Body Oasis the laser techs had a good day teaching clients about Active FX resurfacing procedures and busting loose with our tattoo removal laser and laser hair removal discounts. In March we start to think about spring and all the new beginnings of the season. Like spring at our practice we like to talk about how you want to look when short season rolls around. A dog doesn't have to worry about how our legs look but you humans do. This year we hope you decide to freshen up your look by finally getting your varicose and spider veins cleared and cleaned up. At Vein Specialties my master uses laser therapy to clear up your legs and bark, bark are her patients happy.

Treat yourself to a new improved you, visit my Doc today and tell her Simba sent you. Happy St. Patrick's Day. I get to put on my green collar and howl at the moon.

11/01/09 Simba the Doc's dog here. Thanksgiving is one of my favorite holidays because of all the leftover giblets I get on my kibbles. But to some people, this holiday reminds them of their turkey neck. You know, that skin that hangs from their jowls and neck. Well the Dr. has a wonderful laser she calls the Active FX resurfacing laser that helps improve lax skin on your neck and eyelids and removes spots and wrinkles. Right now, she's running a special discount on the Active FX so you can look your best for the holidays. Our newest laser the GentleYag offers skin tightening on the face, neck, stomach and stretch marks. Who wouldn't want to get rid of their turkey waddle before the holidays? Take the time this holiday season to call my Doctor and get your gobble off for good!

Happy Eating, Simba

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9/23/09 Today is the first day of fall and it makes me start to think about my costume for Halloween. Last year the Doc let me dress up like a werewolf because my face and legs were so hairy.

This year the Doc has a new laser called a Gentle Yag that will remove hair even on dark complexions. I'll be looking good in my new princess costume because all my long black hair is gone, especially under my arms and on my chin. Ohh La La - Lookout pooches!

If you ever dreamed of being a fairy princess for Halloween, come see the staff at Body Oasis for the dream look you have always wanted. Tell them Simba sent you to find out what the Gentle Yag can do for you.

See you trick or treating,

Simba the Doc's best friend.

8/14/09 Hi, it's Simba the Doc's dog here. Hey are you a "redneck"? Seriously, what I mean is your neck red? My Doc puts a red bandana on me cause she thinks I look so cute that way, but you humans don't always care for that red neck look. The reddish brown discoloration on your neck may actually be a condition caused by sun damage called poikiloderma of Civatte. Rosacea and broken capillaries can cause redness on cheeks. Well, do I have some good news for you! There is an easy solution. IPL, which stands for Intense Pulsed Light can fade the redness and dark spots on your neck as well as your face. Moreover, before you go outside in the sun don't spray photosensitizing chemicals like perfume on your neck, and a bandana is not such a bad idea to protect that neck from further sun damage! Here's barkin' at ya, Simba

7/15/09 Hi, it's Simba again. The dog days of summer are here. Let's face it, we live in Arizona where summer days are sizzling. I sure don't want my doc to suffer from premature aging so when I take my master for a walk in the early morning, I have to remind her to put on a hat, wear protective clothing (since she doesn't have fur) and use her topical Vitamin C & E antioxidants for sun protection. Sometimes when we walk I need a cool drink too. People are just like us dogs; we need skin protection and a cool area to lay down on. In my case, my fur (and your hair) are good sunblocks. OK, time for my siesta, byebye.

Simba

6/1/09 Hey, Simba here. Do you just want to relax this summer like me and not have to worry about whether or not you are protected from the harmful rays of the sun? I know people love to be outdoors now that the weather is so nice and everyone loves a great tan, but before you go you should check out my doc's article on Sunscreen. Bet you didn't know

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that sun block doesn't completely protect you from UVA rays! You should wear protective clothing (not everyone has fur you know) and maybe even try Vitamin C and E, but hey you will have to read the article and find out the rest and maybe even see the other great articles. Speaking of relaxing...I think I will take a nap now, see you next time!

Simba

4/24/09 Hi there. Just wanted to let you in on a little secret. On Saturday, May 2, we will be having a Spring Health Fair with demonstrations of Radiesse and Botox injections, spider vein treatments, free screenings for vein disease, tours, free food (yum), free drawings for skin care products and discounts on some of the services my doctor does at Southwest Skin & Cancer Institute and Body Oasis. You don't wanna miss this one!! Mark the date and come to 242 Whipple Street in Prescott from 10-2.

See ya there...Simba

4/18/09 Hi! Simba the doc's dog here. She asked me to tell you about the pesky black and white whiskers that show up on our faces. Although I have those hairs on my face (and must I say I look fabulous) you as humans don't like those unwanted hairs on your skin. My doctor can get rid of unwanted black whiskers with the GentleLase Laser in just 5 minutes and it's almost pain-free. For white whiskers the Epitron Hair Removal System works wonders. Give my doctor a call at 928-778-0414 for a free consultation or for any questions about getting rid of your whiskers.

Simba

2/2/09 Hi. I'm Simba, the Doc's dog. You may wonder what I could possibly say of any relevance to this site. Well, I too am always trying to improve my appearance...and there's nothing wrong with that! If you look great, you feel better about yourself, right?

Take my nose. It's a little more curved than I'd like. And ya know, I just found out, there's something that can be done, short of surgery. It's called a non-surgical nose job using a filler called Radiesse. A little here, a little there and in just 10 minutes, the nose is straighter. And it doesn't even hurt, because there's xylocaine mixed in with the filler. How long does it last? Doc says most people get 8-12 months from one injection. If you'd like to see before and after photos, [click here](#).

So, don't just lie there, pick up the phone and call about that little thing that bothers you. There is probably an easy fix for it and hey, it's a free consult with my Doc...you have nothing to lose.

Til next time.....Simba